

# Confrontation



Confrontation calls me ...  
to question my own motives.

Confrontation questions my soul deep within  
to ask some very profound questions  
as to why on the outside I have failed to believe,  
yes believe in Him, who is the master,  
the prophet of my own world and life views.

The Prophet of All Time  
coming on in consciousness to ask of me,  
why on earth are you so very constantly angry  
and disappointed about your own life  
on this time shortish as it may even be, historically?

Why so negative about this world on fire presently?  
Why so understandably punishing those verbally internally?

I have to ask, who you are when I am so very displeased  
and beg for some form of assistance  
and yet it never ever comes back to me and my life  
when suffering about those who punish endlessly?

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The whole conundrum is very scary at present  
with worlds apart fighting over oil and electricity,  
powerful presences everywhere  
deliberating on the whole of the world  
and each and their own affairs.

The whole scenario is causing me upset  
so much so  
with everyone politically or bureaucratically bent.  
I cannot believe in one or two short years  
they have caused world wide catastrophe  
in one way or another but maliciously.

Corruption everywhere  
deliberating on us, the poor and weak,  
the innocent

and the denying of the obvious as we speak.

I cannot believe how stupid we have become  
as some psychologists are saying,  
dumb down and ignorant as are some.

Whatever is happening to our own sense of pride  
to build up our own understanding from eons prior?

What is it I am unaware of  
when I come to a blood pressure reading  
way beyond the so called normal for my age and fitness,  
my own time now on this earth?  
Is there something inside reading my temperature  
of emotional expression  
even if not outside to be seen elsewhere?

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There are markers clearly noting  
throughout our times of earthly life  
and yet who is able to pay attention long enough  
now twenty-first century to learn any one thing  
with all of this digital technological advancing  
taking our attention  
to a drone type of sensing mechanism  
without much brain power involved.

Certainly no hope of ever believing and feeling  
and of expressing a decent truth about themselves,  
even so indoctrinated, it is hard to understand  
how very quickly, in time, that did come about now.

Whatever is it we are waiting for  
with all of this horrendous happenings  
even on our front door and shores?

Are we all so blinded by this form  
of App type drone information, draining technology  
that we have simply no more awareness of life  
around and inside our brain draining by the day  
if not minute by minute of connection to where...?

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There is a value statement  
that comes around from time to time  
about virtuous life styles and ways of being  
and that being  
the *being* inside of one's own head and heart,  
the soul as some may refer or if not  
a sense of a bigger expansion of consciousness  
as if the air we breathe.

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Whatever is it that we are all connected to  
and yet here we are suffering depression,  
despairing everywhere?

Are we so stupid now not to be aware  
that the big ends of our relationships, with living,  
are trying to eradicate us as we are injected and modified  
as well subjected to all of this type of experimental  
and toxic types of pollution everywhere?

Whatever is it that we fail to undertake to understand?  
Instead follow as if one united front and only one leader  
to this horrendous affair of affairs everywhere?

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Oh sure confrontation is what I am and feel endlessly  
as the world of which I then knew little  
at least had a modicum of fair,  
practices of which people respected to some degree  
each and every other and responsible too  
to some extent then back then whenever that was  
perhaps only a year or two or three before now.

What I want for and strive to achieve  
is some form of peaceful existence inside the mind of many,  
those thoughts horrendously placed now over years and years,  
but more so over the last two or more where life has changed  
and drones everywhere, people struggling and yet no one cares.

How can it be in such a shortish time in our own history  
that the life of a reasonably peaceful existence exists  
and now we are struggling to undertake to learn how best now  
with all this restrictive practice being forced in on us daily  
by the politically responsible or so they are to supposedly become  
under our guidance and yet here again - the beat of authoritarian drums?

How can we begin to undertake to understand  
if connected only to a television screen,  
mobile telephone link and the constancy of a media stream?

How can we begin to undertake to understand who we are  
if we are being led by a digital App type of streaming?

The whole nut cake is difficult to take.  
The whole of our brain must begin to re-wire  
and become responsible and not take and take  
at a ridiculous type of rate.

The whole of a life is perilously close  
to becoming drone-like  
and connected to the whole C.I.A. data base.

How can this be with technology  
to want to rule the globe and every individual separately  
yet want them to drone-like succumb and die  
to allow the food supply  
and every other means be ruled now by a certain few?

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There is a consistency and it is called, confrontation  
and it comes when things go awry  
to cause all types of hardships and people begin to die  
and die horrendously at times too as in a war or three or more.

Confrontation can lead to harming of oneself.  
Confrontation can cause one to opt out of life at times,  
if not immediately, attempts again and again.  
Confrontation causes harm no matter to what extent.

**B**ut confrontation within is one way to learn  
that the only person who is able to change that dial  
is you and only you - so why not trial it some time.

It takes but a minute to listen to one's own mind thoughts  
and begin to recognise how many are angry,  
determined to cause harm somehow somewhere sometime.

It takes but a minute to ask of oneself,  
the mind of many thoughts, to sort our the damage  
causing your blood to rise out of control  
or else despaired to a point no way clear or out.

It takes sometime to recognise  
that the only blame motif is actually us  
and not dealing with the pain inside,  
that horrible stuff.

It is for this brain, this mind of many thoughts and such  
that we are dealing with a much greater surface problem  
than a mobile instruction or media bluff.

It is a learning curve within our own view  
to that of a more informed by our own lives  
and what is of import and not what to more so daily do.

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So when I remember that of a voice

that did one day come on in and through  
I had to ask, whoever are You  
and this is what I heard in response ...

Do not go over and over that past painful mess.  
Do not succumb to a tyrant, a bully  
or that of a political unrest.  
Do not cover up the reality  
of what is going on in your own head  
and that which is a continuing negative.

Do not harm or hinder,  
do not strike out or kill or maim.

Do not try to undertake change  
until it is perfectly timed to do.

Do not ever suffer the insufferable  
when it is only about some small evidence based crime  
that you had partaken in when young  
or thought undesirable now you are older  
and feel immensely shamed.

Do not try to rectify something in the past  
but learn from it so it does not trouble you  
from then on, from now on and further on  
in your own life path from now on.

Do not want more than is fair or possible for now.  
Do not strive to be someone else  
and who they are and have and do.

Do not want for  
anymore than you are capable to do now  
so that your life is not some form of punishment  
and or trial upon trial forever more  
suffering unnecessarily  
from the day you were felt to fail  
or some other criminal concept endured.

We are only human and that of a being  
and unfortunately that 'being' has been left unattended  
and in poor shape for such a long time, suffering too,  
that we are not more patient and learning to live  
a more humbly applied perspective  
of that learning and striving and creating peaceful aspect ...

but fail to provide a time  
to allocate to listen more quietly, patiently ...  
in the humble but powerful surroundings  
of a park and trees, birds and bees,  
people and children playing happily;  
or of a forest of immensity of trees and species,  
or else by the shore playing in the sand

with the waves not so much a roar.

The whole need within our own brain  
that contains a mind to mind connective power  
requires time to undertake changes  
when required from time to time  
or else it appears being forced upon  
and let out to dry somewhere unfair.

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So I came to the conclusion  
it is far more clear  
to learn about what is inside that brain  
causing a mind into fear  
about who I am not and in how I can change  
and be far better at being me ...

when in fact  
that is all part of the undoing of my own life  
and historically the burden of ancestors  
who in fact did it to me and in that  
I am part of an ongoing historical way of being  
to some form of extent.

However in that mix is also the way forward  
and in how best to live from now on  
with all of this turmoil  
both inside my mind and head and heart  
as well the world and what it is at present  
to continually impose and impart.

How can I surrender  
to a more completely peaceful stance  
with warring everywhere  
even in house as closely as next door?

How can I remember  
that when in He came  
I was wearing the badge of confrontation once again  
and when He left I felt calm and peaceful  
almost serenely blessed?

The whole picture of what it meant  
is now embedded inside my mind so as not to forget ...  
it is up to my own life source within my own mind and heart  
to recognise those symptoms of feeling not as one  
or separated, desperate and feeling remorse or hatred or such.  
It is up to me not to blame because I do not want to know  
what else is happening in my own neck of the woods  
where I am responsible to sort out the trees from the pine needles  
coming in to my own thought and tracks.

I am responsible  
not for any other to take that blame  
unless of course I am being constrained.

I am responsible and in that can attack  
only those negative and cruel information pieces  
coming in for me to re-direct,  
adjust and further down that track  
address, learn and not take back the pain, suffering  
or negative on-going thought like attacks.

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The whole life is of a preciousness  
too hard to contemplate ...

**b**ut once under the different guidance  
than a telephone temporary attachment  
then it is now able for you to become  
more and more aware ...

and in that awareness, that time set apart  
to learn and listen, adjust and care  
there is a sense  
that you and your life source are together  
helping each, in terms of learning,  
how best to life-wise repair and repair.

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